

## State of Iowa Friday, April 10, 2015 For Employees & Family Members

The HeartReach Mobile Lab from UnityPoint Health – Des Moines is a 37 foot Winnebago that brings dedicated technicians and nurses to you to provide the most comprehensive screening for heart disease and stroke. A variety of screening tests are available to help identify your risk for heart disease and stroke. Easy and affordable!

## To schedule an appointment or for more information CALL: 1-866-935-5432

## Screening options available: Option 1: Complete Screening......\$95 · Ultrasound of Carotid Arteries (measures blood flow to the brain) · Check for Abdominal Aortic Aneurysm (checks blood vessel in belly) Ankle-Brachial Index measure (measures blood flow in the arms and legs) · Electrocardiogram or EKG (checks the heartbeat) Cholesterol Profile with Blood Sugar · Weight and Waist Measurement · Heart Disease Risk Survey · Consultation with a cardiac nurse. If you have cholesterol and blood sugar results from the past 6 months, bring them with you and we will use them for your heart disease risk score. Option 2: Vascular and EKG Screening......\$85 · Ultrasound of Carotid Arteries (measures blood flow to the brain) Check for Abdominal Aortic Aneurysm (checks blood vessel in belly) Ankle-brachial Index Measure (measures blood flow in the arms & legs) EKG (checks the heartbeat) Option 3: Vascular Screening......\$75 · Ultrasound of Carotid Arteries (measures blood flow to the brain) Check for Abdominal Aortic Aneurysm (checks blood vessel in belly) Ankle-Brachial Index Measure (measures blood flow in the arms & legs). Option 4: EKG and Cholesterol Profile and Blood Sugar......\$65 • EKG (checks the heartbeat) Heart Disease Risk Survey · Cholesterol Profile with Blood Sugar Weight and Waist Measurement · Consultation with a cardiac nurse. Option 5: Cholesterol Profile with Blood Sugar ......\$35 Option 6: EKG (checks the heartbeat) ......\$35 Option 7: Carotid Artery Screening (measures blood flow to the brain)......\$35

Option 8: Abdominal Aortic Screening (checks blood vessel in belly) ......\$35 Option 9: Ankle-Brachial Index Measure (measures blood flow in the arms/legs) .........\$35